

# BASEBALL BC HIGH PERFORMANCE SEMINAR

TEAM BC PATHWAYS



# TEAM BC PROGRAMMING OPTIONS - CURRENT (2020)

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- 17U BC Selects - Baseball Canada Cup
- 16U BC Selects - Northwest Futures
- 15U BC Selects - Northwest Futures
- 14U BC Selects - Northwest Futures
- 16U Girls Selects - Baseball Canada 16U Girls Championships
- 14U Girls Selects - Western Canada Baseball Association Girls Championships
- 21U Women's and Women's Open Invitational Championships

# WHAT ATHLETES ARE ELIGIBLE FOR TEAM BC SELECTION?

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- Any BC resident or citizen who is age eligible
- Baseball BC Member in Good Standing
- Identified through any of the following opportunities;
  - Baseball BC Watch List
  - Regional ID Session
  - Named to Baseball Canada National Team (Senior Men's, Senior Women's, JNT)
  - Injury Exemption
  - Other

# BASEBALL BC WATCH LIST

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- Added to the selection process in 2017 or 2018
- Utilized to reduce the number of athletes attending Regional ID sessions
- Collaboration with Baseball BC Member Groups, their clubs, Baseball HP Coaches and staff.
- 17U Selects Watch List
- Prospects Watch List
- Female Selects Watch List
- Being added to a watch list doesn't guarantee you an invite and simply allows you to be considered without attending a Regional ID

# REGIONAL ID SESSIONS

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- Held regionally throughout the province
  - Lower Mainland
  - Southern Island
  - Northern Island
  - South Okanagan
  - North Okanagan
  - Prince George Cariboo
  - Trail Kootenays
  - Other

# REGIONAL ID SESSIONS

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- Ran as a traditional MLB tryout with evaluations done for athletes at one position, pitcher (Dual guys permitted) and offensively (hitting). The following disciplines are evaluated.
  - 60 Yard, 90 Foot (Home to First), 180 Foot (First to Third)
  - Arm strength
  - Glove / Foot work
  - Contact
  - Power
- Technology is used in all testing and evaluation situations to ensure consistency and continue to allow us to move beyond the simply eye test. Radar Guns, Rapsodo, Timing Gates, etc.

# REGIONAL ID SESSIONS – CONTINUED

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- Athletes are all graded in the same manner to ensure consistency province wide.
- A scale of 5 system is used for all disciplines with 5 being outstanding (Highly projectable, currently at the top of the class skill wise, considered the best players available) and 1 being poor (not yet mastered the skill sets required for consideration).
- All of the 5 disciplines are scored by combining raw evaluation scores (eye test) with metrics considered universally accepted for baseball scouting at this time.
- All Athletes who have tried out province wide are then ranked and considered against others from the same position.
- Invitations are issued based on roster needs for camp and position break downs established by the coaching staff of the respective camps.

# NATIONAL TEAM, INJURY EXEMPTION AND OTHER

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- Athletes names to Baseball Canada National Teams do not need to attend a Regional ID Session to be considered
- Athletes injured during the ID or Tryout timeframes are eligible to be included should they not be able to tryout due to said injury.
- Other exemptions are possible and may be considered on a one off basis should it be warranted.



# BASEBALL BC PROVINCIAL CAMPS

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- Athletes successful in proceeding past the Regional ID or Watch List stage will earn an invitation to the Baseball BC Provincial Camps. Baseball BC Provincial Camps are currently offered for the following;
  - 17U BC Selects
  - Baseball BC Prospects (16U, 15U and 14U)
  - Baseball BC Girls Provincial Camp (21U, 16U and 14U)
- Provincial Camps will have the following maximum participants;
  - 17U BC Selects - 50 athletes approx.
  - Baseball BC Prospects (16U, 15U and 14U) - 90 athletes approx.
  - Baseball BC Girls Provincial Camp (21U, 16U and 14U) - 90 athletes max.

# BASEBALL BC PROVINCIAL CAMPS

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- Baseball BC Provincial Camps will focus both on athlete development as well as Team Selection.
- These camps are staffed by our best coaches including ex professional and national team players and coaches.
- Camps last between 2 and 4 days
- Camps are usually held in the Lower Mainland. Traditional timing of these camps is in July, but we are looking at spreading that out over the whole year instead.
- Teams selected in these provincial camps then go on to represent BC at Baseball Canada, Western Canada and Pacific Northwest events.

# FOR MORE INFORMATION

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- Visit [www.baseball.bc.ca](http://www.baseball.bc.ca) and check out the High Performance tab
- Contact either David Laing or Scott MacKenzie at the Baseball BC Office at 604-586-3310.