



## BC Amateur Baseball Association

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### Helmet Safety

1) This is a link to Dick's Sporting Goods' website and a page titled, '**How to Buy a Batting Helmet for Baseball Season**'. The page provides extensive information about batting helmet including safety features, maintenance, sizing, and fit.

<https://protips.dickssportinggoods.com/sports-and-activities/baseball/buy-batting-helmet-baseball-season>

2) This is a link to a Little League article titled, '**Modifying Helmets with Different Attachments: What You Need to Know**'. The article discusses newly developed helmet attachments and proper installation techniques.

<https://www.littleleague.org/playing-rules/modifying-helmets-with-additional-attachments/>